

Tighter preparation measures have been taken by Nigeria's U-20 Women's National Team, the Falconets, following their settlement into their training base in Trzebnica, Poland, ahead of the 2026 U-20 Women's World Cup.

The Falconets, two-time U-20 Women's World Cup silver medallists, despite arriving in Poland on Tuesday, had their first training session on Wednesday, at the Stadion Miejski, Fair Play Arena, in preparation for the tournament.

However, the skipper Joy Igbokwe and defender Faridat Abdulwahab were unable to travel with the team following visa complications, resulting in Vivian Kachi and Alaba Olabiyi filling in.

The Head Coach, Moses Aduku had his technical crew structuring sessions around tactical shape, ball work, fitness and teamwork for the group ahead of the two warm-up matches.

The warm-ups are designed to hone the skills of the team, assist them with adjusting to the European conditions, exposure to approaches of opposition or test the team's readiness.

The two-warm up matches are set against the hosts, Poland on Friday, 28th August to be followed by the second, against South Korea on Tuesday, 1st September.

The first match with Poland will hold at the Municipal Stadium in Brzeg, to take-off at 12 noon, local time, while the second match with the Koreans will hold at the Remes Resort & Spa Football Stadium at 4pm local time.

Meanwhile, The Falconets, drawn on testing Group F, open their matches against the Spaniards on September 7, before facing China PR on the 10th, ending the phase against New Caledonia on September 13.

Nigeria has successfully maintained as the only African country to be present at all editions of the game, throughout its 24-year span earning their place this time through their wins against Rwanda 5-0, 3-1 against Senegal and Malawi 3-2.